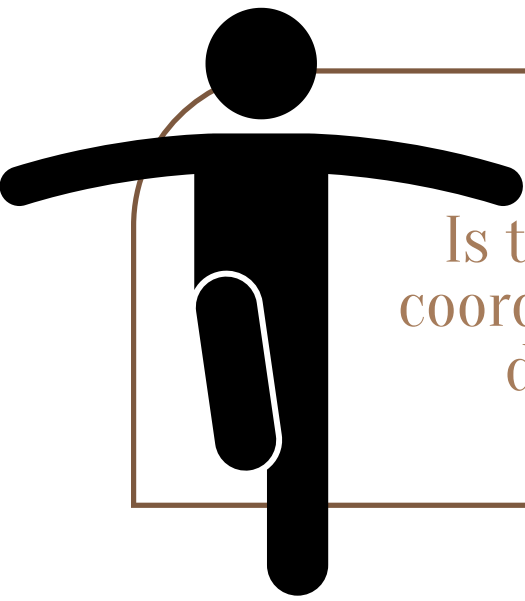


B.E. F.A.S.T.

HOW TO TELL IF SOMEONE IS HAVING A STROKE

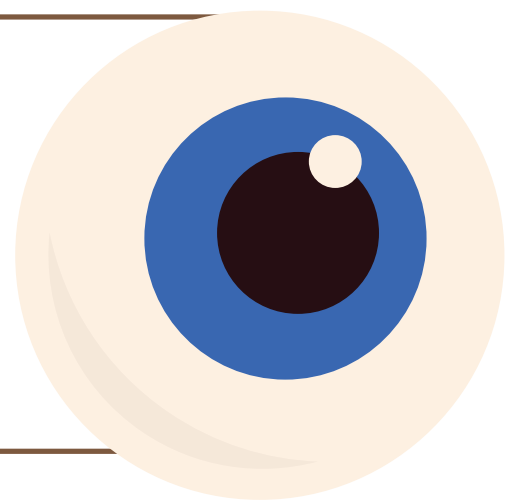


B - BALANCE

Is the person having trouble staying coordinated or balanced? Do they feel dizzy? Are they stumbling as they walk?

E - EYESIGHT ISSUES

Does the person have a blurry or blackened vision? Are they seeing double or having other eyesight problems?

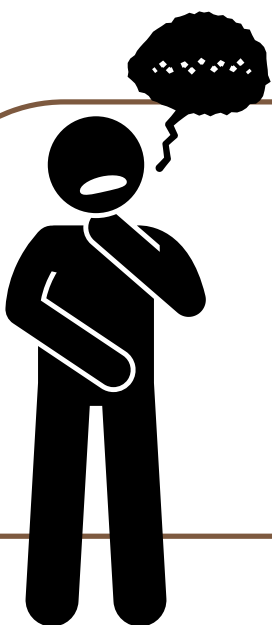
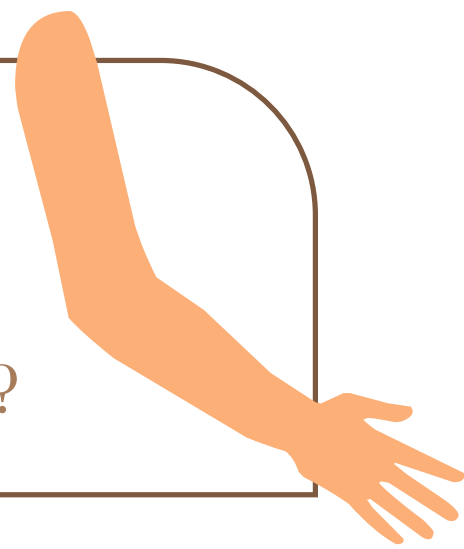


F - FACE

Ask the person to smile. Does one side of the face droop?

A - ARMS

Ask the person to raise both arms. Does one arm drift downward? Do you notice weakness or numbness?



S - SPEECH

Ask the person to repeat a simple phrase. Is the speech slurred or strange?

T - TIME

If someone is experiencing one or more of these stroke symptoms, it's time to call 911. Again, getting the right care as quickly as possible is important for getting treatments that can help reverse stroke damage.

