



PennCares In-Home Care

For adults ages 18 and up with physical disabilities, and adults ages 60 and up who need extra help due to aging, illness or injury.

- * Personal Health and Hygiene
- * Home Management
- * Companionship

"Pat is really happy with the two current attendants in his home!"

-Erica

For information on In-Home Care call (800) 333-3873 or visit us at www.penncares.org



Learn More & Get Started

www.penncares.org

(800) 333-3873

trainings@penncares.org

We're here for you!

PennCares is a community based organization that provides early intervention, work opportunities, and life-long support services, addressing the full continuum of care with dedication, skill, and a commitment to quality support and individual empowerment while promoting independence.

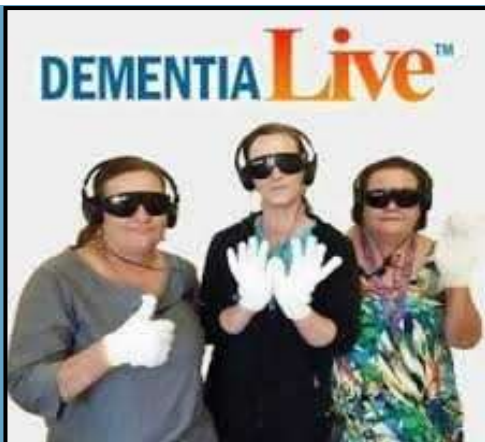


2022 Training Guide



Unique Programs for
Family and Professional
Caregivers

www.penncares.org



"Because it's frightening to care for someone you don't understand."

PennCares is proud to offer the Dementia Live Experience geared for family members, caregivers, students, professionals who work with older adults, or anyone in the healthcare profession.

- * A Unique Immersion Experience
- * Specialized gear teaches participants how to respond to the cognitive, emotional and behavioral changes presented by individuals with dementia
- * Discussion & Empowerment Session follow the activity.

Training times and dates vary and can be customized to your needs.

Continuing Education Units available.

For a complete list of PennCares

Trainings, please email

trainings@penncares.org

Dementia

- The Dementia Live Experience
- Family Dynamics and Dementia Care
- Communication and Behavioral Challenges of Dementia
- IGNITE - Sparks for Today's Dementia Care
- Understanding Sexuality and Dementia



Bullying & Hoarding

- Bullying and Hoarding in a Senior Setting
- Hands on Approaches to Hoarding: Clearing a Path to Treatment
- Managing Bullying and Group Dynamics in Residential or Community Living



Improving Care & Outcomes

- Healthy Aging
- Trauma Informed Care
- Prescription Drug Abuse, Focusing on Opioids in Older Adults
- Grandparents Raising Grandchildren

Stress Management

- Compassion Fatigue
- Resiliency Building
- Social Isolation
- Team Building
- Review of Stress and Burnout in Caring for Individuals with Dementia
- Discovering Ways to Collaborate After COVID-19

PennCares

717-632-5552

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